ANH 2020
Agriculture, Nutrition and Health Academy Week
23 JUNE - 2 JULY 2020
HELD ONLINE
ABOUT THE AGRICULTURE, NUTRITION AND HEALTH (ANH) ACADEMY

The ANH Academy brings together researchers, practitioners and policymakers working for better nutrition and health through improved agriculture and food systems.

With members in over 100 countries, the ANH Academy is a global network and platform for sharing research and evidence, capacity strengthening and collaboration across diverse disciplines. The ANH Academy also shares methods and metrics developed through IMMANA grants and fellowships.

What we do:

- Annual ANH Academy Week, where Academy members meet for learning labs and an interdisciplinary research conference.
- Working groups to accelerate research by sharing experience and synthesising disparate research methods and metrics.
- Skills-based trainings via face-to-face gatherings and webinars.
- Synthesis Centre for Agriculture and Nutrition Research (SCANR).
- An online collaborative platform.

Join the ANH Academy for free: http://www.anh-academy.org

ORGANISING PARTNERS

ANH2020 would not have been possible without the generous time and effort contributed by a range of partner organisations and individuals for whose support we are enormously grateful.

ANH2020 was organised and funded by:

In partnership and with the support of:
ABOUT ANH ACADEMY WEEK

There is no doubt that the COVID-19 pandemic is putting progress on food and nutrition security in jeopardy, risking significant increases in hunger, malnutrition, non-communicable diseases and loss of livelihoods in every region of the world. Coupled with urbanisation, climate and environmental crises, as well as rising overweight and obesity, antimicrobial resistance and food safety concerns, serious interlinking challenges exist for global food and nutrition security.

Addressing these challenges via the complex relationships between agriculture, food systems, nutrition and health makes interdisciplinary research, practice and policy more important than ever before, re-emphasising the urgency of working toward food systems that are equitable, sustainable and healthy.

Recognising the need for researchers, practitioners, policymakers, donors, the private sector and others to learn and share across diverse disciplines and sectors, the ANH Academy and partners have been convening the ANH Academy Week since 2016. Past Academy Weeks have taken place in Addis Ababa, Ethiopia; Kathmandu, Nepal; Accra, Ghana; and Hyderabad, India.

The ANH Academy Week consists of two interlinked components:

1. **Learning Labs** – a series of training sessions in interdisciplinary agriculture, nutrition and health research;

2. **Research Conference** – an abstract-driven symposium featuring oral presentations, poster sessions and keynote speeches, as well as plenary roundtables, side events and working group discussions.

Held virtually for the first time, ANH2020 brought together more members of the ANH Academy community than ever before. Members connected through both shared and divergent experiences of COVID-19 lockdowns, and were united by a common focus on improving nutrition, health and livelihoods around the world. While in-person interaction was missed and in the absence of meeting in Lilongwe, Malawi as originally planned, the innovative online format and low barriers to entry meant that this was the most accessible and global ANH Academy Week yet.
ANH2020 saw high levels of engagement throughout the new two-week online format, designed to maximise access across time zones. Hundreds of attendees participated actively in both the Learning Labs and Research Conference, capitalising on a programme offering the freedom to explore plenary and thematic sessions, the virtual poster hall and a range of light-hearted social hangouts.

On any given day during the Research Conference, participants chose between five different parallel sessions using a combination of summary thematic animations and pre-recorded oral presentation videos by every speaker. With these background videos under their belts, participants came to the live sessions ready to engage actively.
**ORAL PRESENTATIONS**

**Demand for fish food safety certification in Nigeria**


**Nutrition equity framework**

**Farmer benefits of aggregation**

**Women play a significant role in maintaining water bodies**

**Globalization of value chains and increasing demands for certification**

**Addressing Hidden Hunger with Agronomy (AHHA)**

Joy, et al.

**Can selenium deficiency in Mabul be alleviated through consumption of agro-base-fortified maize flour?**

**Quality Diets for Better Health**

**Partial CLD example – Excess capacity**

**Effects of Shamba Maisha Multisectoral Food Security Intervention on Community Inception in Kenya**

Victoria Nj., Patrick Burger, Pauline Nakala, P. Wamalala, J. Viren, Elizabeth A. Isukha, Shari D. Walker, Craig H. Coleman

**Seasonality in pregnant mother and newborn anthropometry**

**Changes in Overweight and Obesity**

Shan N. N., DPBLU 2019
ANH2020 IN NUMBERS

914 participants from 72 countries in live sessions
Over 2300 registrants to the online platform in total

142 oral presentations
1400 Tweets and retweets about #ANH2020
55 mini poster presentations
9 learning labs
400+ hours of pre-recorded videos watched by participants during the conference
46+ hours of live sessions, including plenaries, thematic sessions and social hangouts

ATTENDED THE ANH ACADEMY WEEK FOR THE FIRST TIME THIS YEAR

73% “It was great that I could attend ANH conference this year. I miss it being attending it in person but it would not have been possible for me to travel to Malawi.”

“Since it’s my first time and my abstract was accepted provided a great opportunity that allowed me starts the discussion on research ethics in Agriculture, Nutrition and the Health nexus. I am looking forward to participating in more conferences.”

73.6% OF PARTICIPANTS WILL CERTAINLY OR MOST LIKELY ATTEND NEXT YEAR

90.1% RATED ANH2020 AS ‘EXCELLENT’ OR ‘VERY GOOD’

“I loved the learning, and was challenged by the great upcoming young researchers!”

“I enjoyed the sessions and the presentations were very informative. I look forward to participating in the next conference.”

90.1% “I loved the event and how well it was organised as an online platform during the pandemic, loved interacting with persons from different countries and backgrounds.”

100-150 participants
50-99 participants
20-49 participants
11-19 participants
5-10 participants
1-4 participants
No participants

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To kick off ANH2020, experts from around the world offered nine interactive sessions designed to foster interdisciplinary skills and strengthen knowledge and capacity around key tools, methods, metrics and approaches used in research and practice.

Animal Welfare in ANH
Led by The Brooke Hospital for Animals, International Livestock Research Institute (ILRI), University of Melbourne, Australian National University and Kenya Network for Dissemination of Agricultural Technologies (KENDAT)
Livestock directly contribute to agriculture, nutrition and health through animal source foods production, with significant direct impacts on human health through food safety, as well as indirectly, such as through generating income or empowering women. This session explored key concepts and issues in animal welfare, a critical yet largely overlooked aspect of livestock agriculture, and its impacts on animal health and productivity. Participants were introduced to the concept of One Welfare and its application, tools and metrics used to measure animal welfare, and how to assess research ethics from an animal welfare point of view.

Understanding drivers of food choice in changing food environments of low- and middle-income countries to inform program and policy
Led by University of South Carolina and London School of Hygiene & Tropical Medicine (LSHTM)
Food choice is a process of decision making that informs the selection, acquisition, and consumption of foods from options available in the food environment. This learning lab explored two case studies and a mapping of evidence from the Drivers of Food Choice program using the ANH Academy food environments framework. Experts and participants discussed implications of food choice and changing food environments for health and well-being, and policy and program actions.

Assessing food environments for healthy diets
Led by Wageningen University & Research, Ag2Nut, Rutgers University, Montana State University, USAID and CIAT-Biodiversity International
The food environment (both natural and built) represents the range of foods that can be accessed in the context where people live. Food choices result from an interaction of the external food environment and individual-level factors. Shaping food environments to enable and encourage healthy food choices can positively impact diet quality and nutrition. This session provided an overview of innovative tools to assess food environments and allowed participants to experiment with a tool for assessing changes during COVID-19. It also included a discussion of diverse food environments in photographs submitted by participants.

Affordability of Nutritious Diets
Led by Ag2Nut and Tufts University
Affordability is a key consideration for many consumers when determining diet, and an important factor for researchers to understand. This learning lab equipped participants with skills to use food prices for understanding the cost of nutritious diets. Attendees discussed sources of food price data, then used data specifically from countries in Africa and South Asia to measure trends over time, seasonal fluctuations and spatial differences. Prices of diverse foods can be used to compute price indices including the cost of nutrient adequacy and the cost of recommended diets.
INDDEX24 Dietary Assessment Platform: New technology for dietary assessment in low- and middle-income countries

Led by Tufts University

INDDEX24 is an innovative tool designed to facilitate the collection and use of individual-level, quantitative dietary data in LMICs. This learning lab introduced participants to the tool, providing an opportunity to learn about its key features; to discuss challenges and opportunities associated with collection and processing of individual-level, quantitative dietary data; and to learn how INDDEX24 may alleviate some of those challenges.

Quantifying postharvest food losses, their economic and nutritional impact, and interventions to reduce them

Led by University of Greenwich and University of Zimbabwe

Reducing food loss and waste strengthens food and nutrition security and lowers the environmental impacts of agriculture. It is critical to understand where, why, and at what scale the losses are occurring. This session explored postharvest aspects of food systems and challenges surrounding quantification of losses. Participants learned to use APHLIS to quantify, understand the impact of, and reflect on policy and programmatic applications. Organisers also shared information about a forthcoming systematic review of interventions to reduce postharvest losses in food crops in sub-Saharan Africa and South Asia.

Enabling the enablers of positive behaviors: the Education for Effective Nutrition in Action (ENACT) approach

Led by FAO and University of Dodoma

Nutrition education is an essential component of social and behaviour change programmes, but nutrition educators responsible for design, implementation, monitoring and evaluation rarely receive adequate training. This session introduced participants to the ENACT course, covering basic principles and practice of nutrition education, with activities designed to explore aspects of real life and case studies, discover principles in action and apply what is learned.

Using Nutrition Modeling Tools to Inform Policy Decisions

Led by New York Academy of Sciences, UC Davis and LSHTM

In this session, participants were introduced to the Nutrition Modelling Consortium and some of the tools its members have developed and used to help select, design and manage evidence-based nutrition policies and nutrition intervention programs. Participants were split into teams to explore case studies, introducing them to the framing of nutrition policy issues, the selection and use of appropriate tools for a given question, as well as ways to evaluate tools’ strengths and limitations, and the data inputs and skills required to use them.

Strengthening Economic Evaluation of Multisectoral approaches for Nutrition (SEEMS-Nutrition)

Led by University of Washington and Stony Brook University

Building on the ANH Academy technical brief on Economic Evaluation of Multisectoral Actions for Health and Nutrition, participants became familiar with how to apply a new framework for assessing the costs and benefits of ANH interventions and learned about the types of economic evidence generated from such analyses. Participants were introduced to the brief and its subsequent application as part of the SEEMS-Nutrition Project; planning and cost data collection tools for conducting their own cost study; methods to integrate cost data collection in on-going impact evaluations; and how these combined data can yield cost-efficiency information, cost-effectiveness and benefit-cost analysis.

All Learning Lab resources and session recordings can be found on the ANH Academy Website: https://bit.ly/ANH2020LL
Following the first week of ANH2020 Learning Labs, the three-day Research Conference featured rich collaborative discussions during 15 thematic sessions, three plenary sessions and numerous social hangouts, with an array of pre-recorded materials for participants to explore online at their leisure.

PLENARY SESSIONS

Keynote speech by Angus Deaton: Reflections on inequality, nutrition and health

Following welcome remarks from the ANH Academy’s Joe Yates, Abel Endashaw and Suneetha Kadiyala, Angus Deaton’s keynote took us on a journey through the relationship between economics, nutrition and inequality throughout the 20th century.

Most pressing was his focus on the implications for globalisation and inequality with COVID-19’s spread continuing, underscoring that “we need to be prepared to give up some economic growth in order to be more secure.” Deaton finished the session with a word on how he works to lift up and engage with early career researchers, women in particular – “good science will break down those barriers because that’s the way we learn.”

Richard Horton chaired this highly anticipated session on charting a path forward for ANH research, policy and practice that centres equity, ethics and sustainability in light of the pandemic. Gabrielle Berman highlighted key ethical concerns around primary data collection where there is the “potential to traumatise or to re-traumatise people” and Khadija Mitu spoke of practical challenges in reaching adolescent women via phone interviews in Rohingya refugee camps in Bangladesh. Sara Menker replied that we need to make the most of the data that is already available, “there is a lot of room for creativity in doing more with less.” Patrick Webb suggested that the ‘do no harm’ principle, as it applies to individual participants in research, also needs to be a core consideration of policy and programmatic decisions that can harm economies and our ability to recover in the longer term.

The final plenary session was high on interaction, as Shelly Sundberg, Ed Frongillo and Jef Leroy led a conversation on Randomised Controlled Trials (RCTs) with the ANH community that unearthed key methodological challenges and debates. Participants filled the webinar chatbox with questions and important considerations about multiplicity, qualitative and quantitative data; as well as crucial discussions around appropriate use of primary and secondary outcomes in multidisciplinary, complex interventions. This rich dialogue will be pivotal as the session leads continue to develop guidance for how RCTs can be used in agriculture, nutrition and health research. In the words of Ed Frongillo, it’s important to ask “does the whole story make sense along the program impact pathways?”
THEMATIC SESSIONS

Animal source foods
Animal production and aquaculture are crucial for livelihoods and diets, but sustainability, food choice and safety are major associated concerns. Studies presented in this session discussed how harmonised animal source foods policies, holistic implementation plans and adequate resourcing are needed to ensure livelihoods for smallholder farmers, diet quality and sustainability.

Food safety
As food systems grow longer and more complex, food safety is an increasing concern across contexts. Speakers in this session focused in particular on consumer behaviour at the individual and macro levels, presenting on the role of food safety marketing, consumer willingness, cost and affordability, as well as impacts of consumers’ increasing concern around food safety and handling during COVID-19.

Macro-level interventions
How can we optimise agriculture and food systems for nutrition and health at scale? Research into food security and fortification approaches was showcased in three sessions, touching on effective implementation of biofortification and fertiliser subsidy programmes, tools to improve food security and livelihoods of farmers and their families, consumer preferences of fortified foods and the role of women’s decision-making in dietary outcomes.

Ag-nutrition implementation science
With more interdisciplinary work comes the challenge of designing, implementing and evaluating complex programmes. Two sessions explored lessons learned from studies across Asia and Africa focused on linkages between topics as diverse as school gardening, mental health, women’s empowerment, dietary diversity, social and behaviour change, hygiene and land access.
Political and economic dynamics of nutrition and health

Research presented during two sessions on this topic focused on power and the challenge of policy being informed by what people and communities need. Speakers discussed how well-intended policies often saw challenges of implementation and coordination, highlighting the need for holistic approaches. Ethical issues also had the spotlight, with multiple presentations on how to address inequities.

Food environments and markets

With increasing availability of processed unhealthy foods, changing food preferences, and challenges of access to markets and healthy options, two sessions showcased research into drivers of unhealthy diets. Speakers used novel data from diverse communities across Africa and South Asia to deconstruct assumptions often made about complexity, preferences and access when characterizing food environments.

Innovative approaches

Three sessions covered recent research into innovative methods, metrics and data analysis approaches, paving the way for informed policy changes at the community, national and international levels. Presenters highlighted the development and validation of various tools, surveys, diet quality and sustainability indices, food safety assessments and food security scales.
A core function of the ANH Academy is to create opportunities and enabling environments, both formal and informal, to make new connections: friends, colleagues and collaborators.

With this in mind, ANH2020 faced the challenge of online conferencing head-on, offering ample opportunities for social interaction and informal networking. A range of well-attended social hangouts were organised by the ANH2020 organising team, ANH Academy members and partners throughout the Research Conference week:

- Exercise – stretching for desk-stressed people
- Social games and trivia
- PhD woes and memes
- Health through posture
- ANH mentoring – drop in consultation
- African Nutrition Society (ANS) friends and family
- IMMANA Fellowships Q&A
- Animal (and plant) source fun
- Coffee time: Planetary Health pop-up
- Lockdown: Trading tips around the world
- Music, drinks and food
Continuing the ANH Academy Week tradition of the poster presentation competition, ANH2020 featured over 50 pre-recorded 1-minute poster presentations from researchers around the world in the virtual Poster Hall. Conference participants voted for their favourite, resulting in the following three-way tie for the best poster presentation:

**Shirley Isibhakhomen Ejoh**, Department of Human Nutrition and Dietetics, Faculty of Public Health, University of Ibadan: Availability of home gardens in relation to traditional green leafy vegetable consumption in Ibadan, Nigeria.  
*Watch the presentation: https://bit.ly/3gr3Fmf*

**Kevin Queenan**, Royal Veterinary College: A system dynamics model of South Africa’s commercial broiler system; linking human health, food safety, nutrition, and environmental sustainability.  
*Watch the presentation: https://bit.ly/2VI8ZK6*

**Morgan Boncyk**, Purdue University: “What he likes depends on what is available”: Food Choices of PLHIV in Peri-Urban Tanzania  
*Watch the presentation: https://bit.ly/31GJ7C4*

The Virtual Poster Hall from ANH2020 can be found on the ANH Academy website: https://bit.ly/ANH2020Poster
ORGANISING PARTNERS

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Suneetha Kadivalya, LSHTM (Co-Chair)
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Andrew Jones, University of Michigan
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Bharati Kulkarni, ICMR National Institute of Nutrition
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Emorn Udomkesmalae, Mahidol University
Francis Zotor, African Nutrition Society
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Haris Gazdar, Collective of Social Science Research
Inge Brouwer, Wageningen University & Research
Jan Low, International Potato Center, CGIAR
Jess Fanzo, John Hopkins University
Joe Yates, LSHTM
John McDermott, IFPRI/A4NH
Joyce Kinabo, Sokoine University
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Namukolo Covic, IFPRI
Nicola Lowe, University of Central Lancaster
Nilofer Fatimi, Dow University of Health Sciences
Patson Nalivata, LUANAR
Robyn Alders, University of Sydney, Chatham House
Scott Drimie, Southern Africa Food Lab, Stellenbosch University
Swetha Manohar, Johns Hopkins University
Thalia Sparling, LSHTM, Tufts University
Umi Fahmida, SEAMEO RECFON, Indonesia
Will Masters, Tufts University

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Elena Martinez, Tufts University
Hallie Perlick, Tufts University
Heike Rolker, IMMANA Programme, LSHTM
Janet Hodur, A4NH/IFPRI
Joe Yates, IMMANA Programme, LSHTM
Lauren McIntyre, IMMANA Programme, LSHTM
Leonard Banda, Lilongwe University of Agriculture and Natural Resources (LUANAR)
Megan Deeney, IMMANA Programme, LSHTM
Ore Kolade, IMMANA Programme, LSHTM
Sylvia Levy, IMMANA Programme, LSHTM
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Paula Dominguez-Salas, LSHTM
Phil James, LSHTM
Soledad Cuevas, SOAS

Volunteers and event managers
Betta Aurino, Imperial College London
Celestine Chime, University of Ghana
Chloe Durant, Global Panel on Agriculture and Food Systems for Nutrition and Health
Chris Turner, Natural Resources Institute, University of Greenwich
Collins Larkai, University of Ghana
Ebenezer Amoquandoh, University of Ghana
Fran Harris, LSHTM
Greg Cooper, SOAS
Jack Ryan, Global Panel on Agriculture and Food Systems for Nutrition and Health
Jessica Lawler, Global Panel on Agriculture and Food Systems for Nutrition and Health
Julius Nornoo, University of Ghana
Kalista Chan, LSHTM
Nana Anima, University of Ghana
Naomi Bull, GCRF Stunting Hub
Niamh Kelly, Global Panel on Agriculture and Food Systems for Nutrition and Health
Prince Addey Owusu, University of Ghana
Susannah Brown, Global Panel on Agriculture and Food Systems for Nutrition and Health

Advisors on hosting virtual academic events
Alan Dangour, SHEFS programme at LSHTM
Francesca Harris, SHEFS programme at LSHTM
Kevin Queenan, SHEFS programme at RVC
Kirsten Dawes, SHEFS programme at LSHTM
Maureen Yuemeng Li, MULCH programme at Tufts University
Parke Wilde, MULCH programme at Tufts University
Pauline Scheelbeek, SHEFS programme at LSHTM
To hear updates from the ANH Academy, including about future Academy Weeks, make sure you have an account on our website: https://anh-academy.org/user